

Continuing Education Information

Full course details are at cambridgecme.org

Physicians

The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The Harvard Medical School designates each of these live activities for a maximum of 14.0 *AMA PRA Category 1 Credits*.™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists

The Cambridge Health Alliance, Psychiatry Continuing Education Division is approved by the American Psychological Association to sponsor continuing education for psychologists. The Cambridge Health Alliance, Psychiatry Continuing Education Division maintains responsibility for these programs and their content. These courses offer a total 14.0 hours of continuing education credit.

Social Workers and Family Therapists

Application for social work continuing education credits has been submitted. Please contact us at cme@challiance.org for the status of social work CE accreditation. NY Social Workers: The Division of Continuing Education in Psychiatry at Cambridge Health Alliance is recognized by the New York State Education Department's State Board for Social Work as an Approved Provider #0038 of continuing education for licensed social workers. 14 contact hours have been approved for each course.

Application has been submitted for each course to New England Association for Family and Systemic Therapy on behalf of the Massachusetts Board of Registration of Allied Mental Health and Human Services Professions, for LMFT professional continuing education. The States of CT and RI accept NBCC and NASW approval for marriage and family therapy.

Counselors and Educators

The Cambridge Health Alliance, Psychiatry Continuing Education Division has been approved by the National Board for Certified Counselors (NBCC) as an approved Continuing Education Provider, ACEP No. 5444. These programs meet the requirements for 14 continuing education hours each. Programs that do not qualify for NBCC credit are clearly identified. CHA is solely responsible for all aspects of the programs. These offerings are also applicable for Commonwealth of Massachusetts Counseling/Allied Mental Health accreditation and PDP Educator accreditation.

Other Healthcare Providers

Please refer to our website for full information on CE for other provider types.

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 Cambridge Health Alliance
PSYCHIATRY
CONTINUING EDUCATION

Harvard Medical School
Postgraduate Medical Education
P.O. Box 825
Boston, MA 02117-0825

Your 2022 Continuing Education Calendar:

Mar 4-5 Treating the Addictions

Apr 1-2 The Age of Anxiety: Assessment and Treatment

May 6-7 Meditation and Psychotherapy: Working with Hostility

Register at cambridgecme.org



Continuing Education

SPRING 2022 LIVESTREAM
CME/CE ACTIVITIES

Treating the Addictions

The Age of Anxiety: Assessment and Treatment

**Meditation and Psychotherapy:
Working with Hostility**



Relevant

Our courses integrate the latest updates in each field with practical tips and clinical strategies that participants can immediately implement in their practices

Multidisciplinary

Join colleagues from the fields of psychiatry, psychology, nursing, social work, counseling, marriage and family therapy

Accredited

CME and CE credits offered

Convenient

Engage with leading Harvard Medical School, national, and international faculty in an interactive online streaming format



Spring 2022:



Treating the Addictions

Livestream Course
March 4-5, 2022

Featured Topics and Speakers:

Edward J. Khantzian Memorial Lecture: The Enduring Relevance of the Self-Medication Hypothesis – Jan Kauffman
Women and Addictions – Shelly Greenfield
Trauma: Seeking Safety – Lisa Najavits
The Overlap of Trauma and the Self-Medication Hypothesis – Judith Herman
Self-Care for Healthcare Providers in the 21st Century – Mark Albanese
The Provider as Patient: A First-Person Account – Glenn Pransky
Self-Care Roundtable – Mark Albanese, Nancy Costikyan, others TBA
Integrating Pharmacology with Therapy – Roger Weiss
Norman E. Zinberg Memorial Lecture – Marshall Forstein
Addiction as an Attachment Disorder – Karen Walant
Treating OUD – The Hub and Spoke Model – Kenneth Stoller
Co-Occurring Disorders – John Renner
How Kids Relate to the Notion of Self-Medicating – Liz Jorgensen
SMH from a Kid's Perspective – Joseph Shrand/Drug Story Theater

This activity meets the criteria of the Massachusetts Board of Registration in Medicine for 1.00 credits of Risk Management Study. This includes 1.00 credits of Opioid Education and Pain Management Training. Please check your individual state licensing board requirements before claiming these credits.

This educational program is approved by the Association for Addiction Professionals (NAADAC), #148258, for 14 continuing education hours.



The Age of Anxiety: Assessment and Treatment

Livestream Course
April 1-2, 2022

Featured Topics and Speakers:

The Age of Anxiety Amplified: Racial Unrest/Political Division/COVID-19 – SooJeong Youn, James Recht, Rebecca Drill
Neuroscience/Research Update – Srinii Pillay
Mindfulness to Break the Anxiety Loop – Judson Brewer
The Outlook for Children Post-COVID – Kerry-Ann Williams
Anxiety in the Gender Diverse Population – Alex Keuroghlian
A Patient's Perspective on Living with Anxiety – Deborah Steinberg
Therapeutic 'Choose Your Own Adventure': Case Vignette/IFS/Psychodynamic Psychotherapy/CBT/DBT/EMDR – Xenia Johnson Bhembe, Mary Catherine Ward, Alan Siegel, Aaronson Chew, Matthew Leeds, Olivia Apollon
Anxiety and Moral Injury in First Responders – Beth Murphy
Pharmacotherapy Update – Nassir Ghaemi
Emerging Alternatives: Psychedelics for Anxiety – Franklin King
The Future of Telehealth and the Therapeutic Model of Care – Todd Essig



Register at cambridgecme.org

Contact Us:

Cambridge Health Alliance Psychiatry CE: cme@challiance.org

Harvard Medical School Postgraduate Medical Education:
617-384-8600, CEPrograms@hms.harvard.edu



Meditation and Psychotherapy: Working with Hostility

Livestream Course
May 6-7, 2022

Featured Topics and Speakers:

Bridging Divides with Radical Compassion – Tara Brach
Contemplative Liberation Practice with Those Marginalized by Social Injustice – Thema Bryant-Davis
Polarization: An IFS Perspective – Richard Schwartz
The Neuroscience of Hostility and Othering – Lasana Harris
The Neuroscience of Compassion – Tania Singer
Self-Compassion: An Antidote to Shame for Trauma Survivors – Judith Herman
Fierce Self-Compassion – Kristin Neff
Online Hostility and its Offline Consequences – *Alexandra Siegel*
A Biopsychosocial Understanding of Anger, Grief, and Identity: Towards the Healing of Society – Sará King
Processing Hate in the Therapy Hour – Jeffrey Rubin
Breakout Sessions: Hostility in clinical practice/ Hostility in contemplative practice
Affinity Groups – Gina LaRoche, Jennifer Cohen
Morning Guided Meditation