



Annual Membership Meeting & Training

Creating Healthy Relationships

Friday, January 26, 2024

VIRTUAL

REGISTRATION FORM

Friday, January 26, 2024

8:45 am – 1 pm

Registration: 8:30 AM

***All* information must be filled out or registration will not be accepted (including email address).**

Name:

***Agency:**

Phone:

EMAIL Address:

FEES

MAADAC Members ————— \$0

Non-Members: ————— \$30

Students ————— \$0

After 1/20/2024Member \$15– Non
Member \$40

The fee includes: Certification of Attendance for 4 CE hours for Addiction Counselors (LADC/CADC), Students & other professionals.
No LMHC or NASW credits available

REGISTRATION & PAYMENT DEADLINE—
JANUARY 20, 2024

MEMBERS: RESPOND BY EMAIL
JOHNFINNERAN@VERIZON.NET

NON-MEMBERS: Please return this form or a photocopy and **a non-refundable check** payable to MAADAC and send:

MAADAC
c/o John Finneran
42 Chamberlain Parkway
Worcester MA 01602

Email: johnfinneran@verizon.net

AWARDS

Rbt. Logue Memorial Presidents Award
Hugh McCray – Shattuck Hosp.

Outstanding Service Award
Independence Hall – Denis Leary

Special Recognition Award
Senator Joan Lovely

HONORED SPEAKERS

DOOR PRIZES

TRAINER

Cynthia Moreno Tuohy, BSW, NCAC II, CDCIII, SAP, is the Executive Director of NAADAC, the Association of Addiction Professionals.

Ms. Moreno Tuohy previously served as the Executive Director of Danya Institute and the Central East Addiction Technology Transfer Center. Prior to this she was the Program Director for Volunteers of America Western Washington, serving homeless and persons with the co-occurrence of poverty and substance use and mental health disorders. In addition, for over 20 years, Cynthia has been the administrator of multi-county, publicly-funded alcohol/drug prevention/intervention/treatment centers with services ranging from prenatal care to the serving the elderly. She has been a trainer in Domestic Violence/Anger Management and Conflict Resolution for over 35 years as well as an International, National and State trainer in a variety of topics. Ms. Moreno Tuohy is a curriculum writer in addiction screening and

the treatment of trauma, substance use disorders and recovery. She has served as President of NAADAC, Certification Board Commissioner, International Chair, Treasurer and Legislative Chair for NAADAC. Moreno Tuohy was awarded the “Friend of NASADAD” Award by the National Association of State Alcohol and Drug Abuse Director’s in September 2021 for her national work with the association.

Ms. Moreno Tuohy holds a Bachelor’s Degree in Social Work and advanced studies in Social Work and Public Administration and a certificate in Addiction Studies.

ABOUT THE DAY

| | |
|---------------------|--|
| 8:30-8:45 | Registration |
| 8:45-10:30 | MAADAC Annual Meeting & Presentations |
| 10:30 -10:45 | Break |

Workshop Description:

is training is a two-hour training session that will focus on how to create and develop healthy relationships with self and others. Participants will learn the typical stages that relationships transverse through, where relationships get stuck an sink into misery and how to work through misery through stages of awaking and the four agreements that relationships need to trust, bond and thrive in. This program affects behavioral learning with emotional development and maturity that results in long-term changes in the brain and behavio

Course Outline:

- Brain/Addiction/Conflict – instinctual development.
- Stages of relationships people tend to traverse through in romantic and other relationships. (Honeymoon,

evaluation, treatment planning and documentation, ethics, counseling methods, conflict resolution, co-occurring disorders and medicated assisted treatment and recovery. Her book, *Rein in Your Brain; from Impulsivity to Thoughtful Living in Recovery* was released May 2014 - Hazelden Publishers. She authored a NIDA SBIR on "Conflict Resolution in Recovery and Relapse Prevention" for counselors to use in
The

10:45-11:00
Presentations
11:00-1:00
1:00

Awards &
Presentation
Training Adjourns

Disillusion, Misery, Awakening, Peace/Calm).

- The four types of agreements to lead persons out of the stage of misery. (Financial, Emotional/Psychological, Spiritual, Physical/Spatial).
- Review of the 10 tips to healthy living.
- Wrap-up

